## Fragrance-Free

Because our own family has allergies, Mi Vida Loca chose to be a perfume/fragrance-free escape for other families too! What exactly does perfume/fragrance-free mean for us? It means that our cleaning company only uses (and only has used since day 1) unscented laundry detergent, cleaning products, dishwasher soap, and hand soaps. If there should be "aromas" from cooked foods, the cleaning company uses an air purifier/ionizer to rid the home of unwanted scents between bookings. Since people have different allergies, we ask that our guests bring their own body wash/soap and shampoo products with them to Mi Vida Loca. Other than that, your nose will experience what "clean" really smells like -with possibly a whisp of pine and a hint of earth (and maybe just a dash of coffee)!

Fragrance-Free Testimony

Traveling is always very hard on me. I am VERY reactive to fragrances of any kind so I often find myself entering a rental home with my lungs burning, head hurting, and stomach turning. My husband usually has to go in first, remove all the candles, plug-ins, potpourri, etc, open all the windows, and turn all the fans on to air the house out for a good 30 minutes before I can even try to enter. I have to bring my own sheets, pillows, towels, etc. All of that to say, I am VERY sensitive! I also have a daughter who needs her own sheets and pillows from home as well or else she can't breathe at night and has a hard time for our whole stay. Staying at Mi Vida Loca was SO refreshing. I didn't have to do ANYTHING to adjust the environment for my health. The house is amazing with so many activities for the whole family, The kitchen was well stocked for cooking, was very clean and NOTHING had fragrance. Everything was just good old-fashioned clean without scents. The sheets and towels were scent free along with the entire house. If you struggle like I do, I highly suggest you stay at Mi Vida Loca!! You will have an amazing stay.

- Wichelle Rowton MSN, RNC-NIC, APRN, NNP-BC, C-NPT, CGP

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